



# Meta-Skills for AE

## Met-AE Newsletter #4

Project dates: 01/01/2022 – 31/12/2023 | Co-funded by the Erasmus+, KA220-ADU Cooperation partnerships in adult education



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## The project

Met-AE aims to improve mentoring and guidance skills in educators as a service to ensure that adult learners have life-long relevant learning capabilities with their metacognitive skills. Project outcomes provide resources, training and support to provide effective awareness, guidance and motivation strategies to adult learners.

## Our objectives:

Create a clear and direct upskilling pathway for vulnerable and low-skilled adult learners;

Support increasing participation in adult education by increasing the skills of low-skilled adults;

Enhance mentoring and guidance skills in educators as a service to ensure that adult learners have life-long relevant learning capabilities with their metacognitive skills;



# Met-AE - Metacognition Change Management Toolkit

The toolkit provide key resources to adult education organizations and their leaders to support their teachers and learners to make a sustainable transition to the integration of metacognition within their existing adult education learning environment. Practical Guide contain relevant content including:

- A) How adult education centers manage/successfully implement integration and change management
- B) Pan-European adult education mentoring/and professional development schemes
- C) Financing the integration of new teaching, motivation and guidance outreach and tools into a comprehensive digital strategy for adult education centers
- D) Engaging and supporting learners into the digital strategy
- E) Case studies of success stories 1 case study per program member country (34)
- F) Lessons learned from the Met-AE project

This output is considered as a working document over the course of the project, and be added to by partners throughout the project lifetime. It also includes lessons learned from the project implementation, to ensure the full picture is provided to adults education centers who adopt the project's tools after the project is finished. This provide adopters with a dynamic up-to-date guide on how to successfully implement the Met-AE metacognitive strategy within their training organisation. Its innovation is linked to the role it plays in facilitating the adoption of the Met-AE competence framework and e-courses - it's main aim is to ensure the smooth integration and correct implementation of both of these results in adult education centres. Sections A, B, C and D have been gathered from both within partners' networks and through existing reports and publications relating to best practices of success integration of support methodologies for learners adapting to an ICT strategy in adult education organisations.

## Met-AE - Meta Skills for Employability - Practical Guide

We created this handbook as an extension of our META SKILLS for AE tools, designed to assist adults in acquiring new skills more efficiently. The developed tools aim to directly enhance your ability to learn with technology, such as utilizing online courses. Additionally, we've produced resources tailored for educators working with adult groups like yours, supporting them in understanding and fostering these essential meta skills.

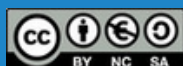
The feedback received for our tools has been positive from both educators and learners. Yet, an essential query arises: why should these skills hold significance for you, and how might they prove beneficial? Prior to delivering our meta skills course, we consulted experts across six different countries to gather their insights on our work and recommendations for enhancement. Insights from Romania and Portugal have highlighted that for adults lacking in skills, it's insufficient to solely discuss the benefits of acquiring new skills.

[metaskills.erasmus.site](https://metaskills.erasmus.site)



# Multiplier events

In order to maximise the potential for exploitation and long-term sustainability of the project results, multiplier events were carried out in all partner countries near the end of the project. These events acted as the formal launch of the Met-AE Best Practice Handbook, Met-AE Competence Framework, Met-AE Learner and Facilitator e-Course and the Met-AE Change Management Toolkit alongside the lessons learned from the project, the level and extent of stakeholder engagement, and key findings from the project. The events encouraged attendees to use the finalised project results through a series of practical workshops which reflect those planned and carried out as part of the piloting phases, to demonstrate the applicability and innovation of the project results. The multiplier event and included workshops addressed adult education centre heads and policy makers, as well as wider project stakeholders including NGOs, civil societies, local authorities, regional and national adult teaching and research organisations, educational organisations as well as other EU-funded projects.



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