

# NEWSLETTER REFORM

Reinforcing Educator's Competences for Counselling and Motivation



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The “REFORM” project addresses the development of professional knowledge and skills of educators, in order to better provide educational and employability opportunities for students by increasing their motivation and desire for personal development. During the two-years project the partners, from 7 organizations and 6 different countries, will test, adapt and implement innovative practices that can provide skills educators need in their work as career advisors, implementing a series of trainings and activities to support them.



## TRAINING FOR TEACHERS AND EDUCATORS IN AVEIRO, PORTUGAL

From 10<sup>th</sup> to 14<sup>th</sup> February 2020, the Escola Secundária José Estêvão hosted the International Training of the project REFORM in Aveiro (Portugal). The training was attended by 28 experts in the field of education, counsellors, educators and teachers from primary and secondary institutes.



Figure 1 - Partners and educators working together

The training was based on peer to peer learning, exchange of good practices, teaching techniques and mutual support. The participants developed new skills, competences and knowledge, and they exchanged good teaching methods in order to improve their **career counselling** competences.



Figure 2 – Counselling Activity

The main aim was to train the participants in using the **REFORM Integrated Learning Methodology for Career Counselling (CC-box)** to prepare own individual and group training sessions for delivering initial career guidance and counselling for students of three age groups (12-14 years old; 14-16 years old and 16-18 years old). Taking into account different age stages, it became clear that there is a need for a different frame of approach suitable and in accordance with teens' cognitive, emotional, psychological and social needs and abilities.

Moreover, the self-awareness process has been recognized as the starting point for the counseling interventions, as well as the main aspect to focus on in the period of adolescence, together with the education in values. And this is why teachers, parents and consultants should collaborate and work as a team.

**The training helped participants to understand that the most useful and effective approach for career counselling is to combine experiential and cognitive activities.**

### WHAT'S NEXT?

The following months, the Methodology will be tested by teachers from all partners' countries.

On September 2020, The REFORM consortium will meet in Pitesti (Romania) to discuss about the results of the training of the educational practitioners and to give feedback of the tested Methodology. Finally, the meeting will be an occasion to organize the final multiplier national events for stakeholders.

Despite the latest events that are dramatically changing our daily life, the REFORM team is continuing to work to achieve the project's goals.



Figure 3 - The greatest strength is in you



Figure 4 - Pitesti, Romania

### STAY TUNED

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