

Healthnic Diet NEWS

May-October 2019/ 4th Newsletter



Erasmus+



Healthnic

HEALTHY & ETHNIC DIET
— FOR INCLUSION —



**A journey full of tastes has finished
but the results are available to everyone for sharing**

Since last May many interesting things have happened in the big Healthnic team. First of all members of the staff from all partner organisations met in the final Transnational meeting in Tralee on May 16-17, 2019 where they made the final Toolkit amendments and planned the forthcoming Multiplier Events. These events happened between the end of May and September in the partner countries with the goal to disseminate the results of the project- the Practical Guide and the Toolkit- to professionals working with immigrants and refugees. The Healthnic Diet Toolkit was officially uploaded on the Healthnic platform in July and

was translated into all partner languages (Greek, Italian and Polish). The Toolkit is a compilation of interactive resources, do's and don'ts, feedback and comments that were extracted during the pilot implementation of the local Healthnic Diet workshops.

Officially the project ended in September 30, 2019. During these two years we shared the intensity of flavors and discovered new ones. We achieved results which led us to the main principal of this project: food is a joy because it can be shared with other people. -For any information related to the project results don't hesitate to contact us on: info@healthnic.eu or on social media

VISIT HEALTHNIC.EU PLATFORM TO SURF THE TOOLKIT A USEFUL RESOURCE THAT TOGETHER WITH THE PRACTICAL GUIDE CAN HELP YOU ORGANISE HEALTHNIC DIET WORKSHOPS/ THE PLATFORM WILL BE ACTIVE EVEN AFTER THE END OF THE PROJECT FOR YOU TO SHARE AND DOWNLOAD THE PROJECT RESULTS AND TO WATCH THE DIGITAL STORIES

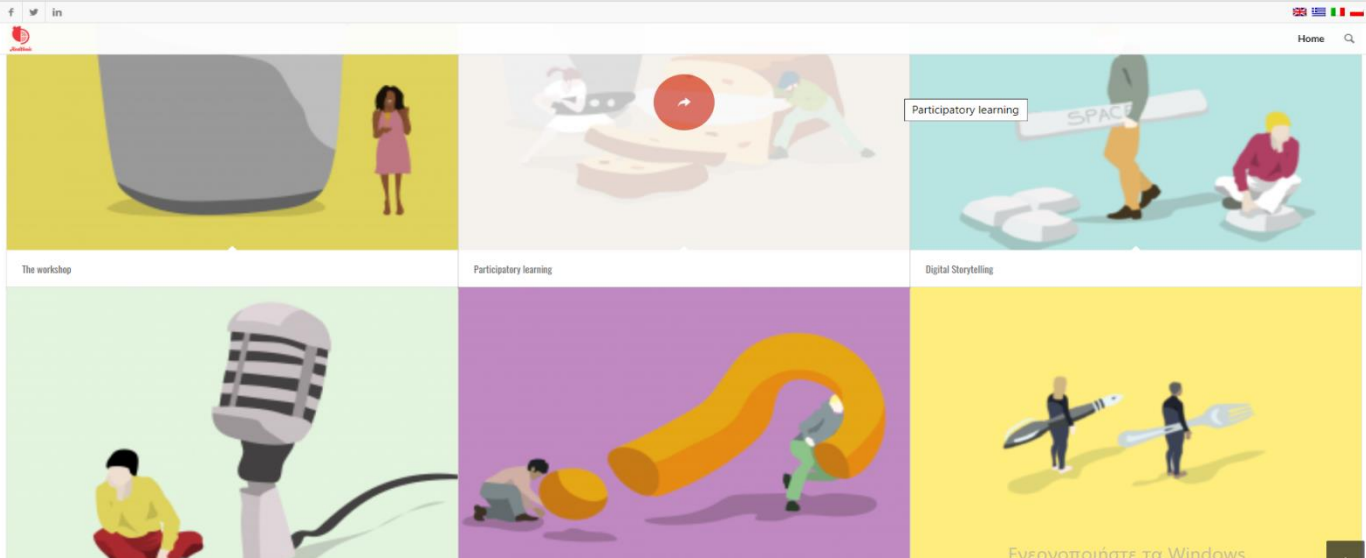




Photo from the 1st Irish Multiplier Event by ITT on 28/5/19 in Limerick

MULTIPLIER EVENTS
FULL OF TASTES
ALL OVER EUROPE
MAY-SEPT. '19



Photo from the 2nd Irish Multiplier Event by ITT on 25/9/19 in Tralee



Photo from the Polish Multiplier Event by Danmar Computers on 30/5/19 in Rzeszow



Photos from the 1st Italian Multiplier Event by Diciannove on 24/5/2019 in Luserna



Photo and invitation from the 2nd and 3rd Italian Multiplier Event by Diciannove on 28/6/2019 in Reggio Emilia and on 27/9 in Genova



Photo from the English Multiplier Event by MRSN on 6/9/19 in Liverpool



Photo from the Greek Multiplier Event by Vardakeios School on 22/6/19 on Syros island



Photo from the 2nd Greek Multiplier Event by Vardakeios School on 1/9/19 in Athens